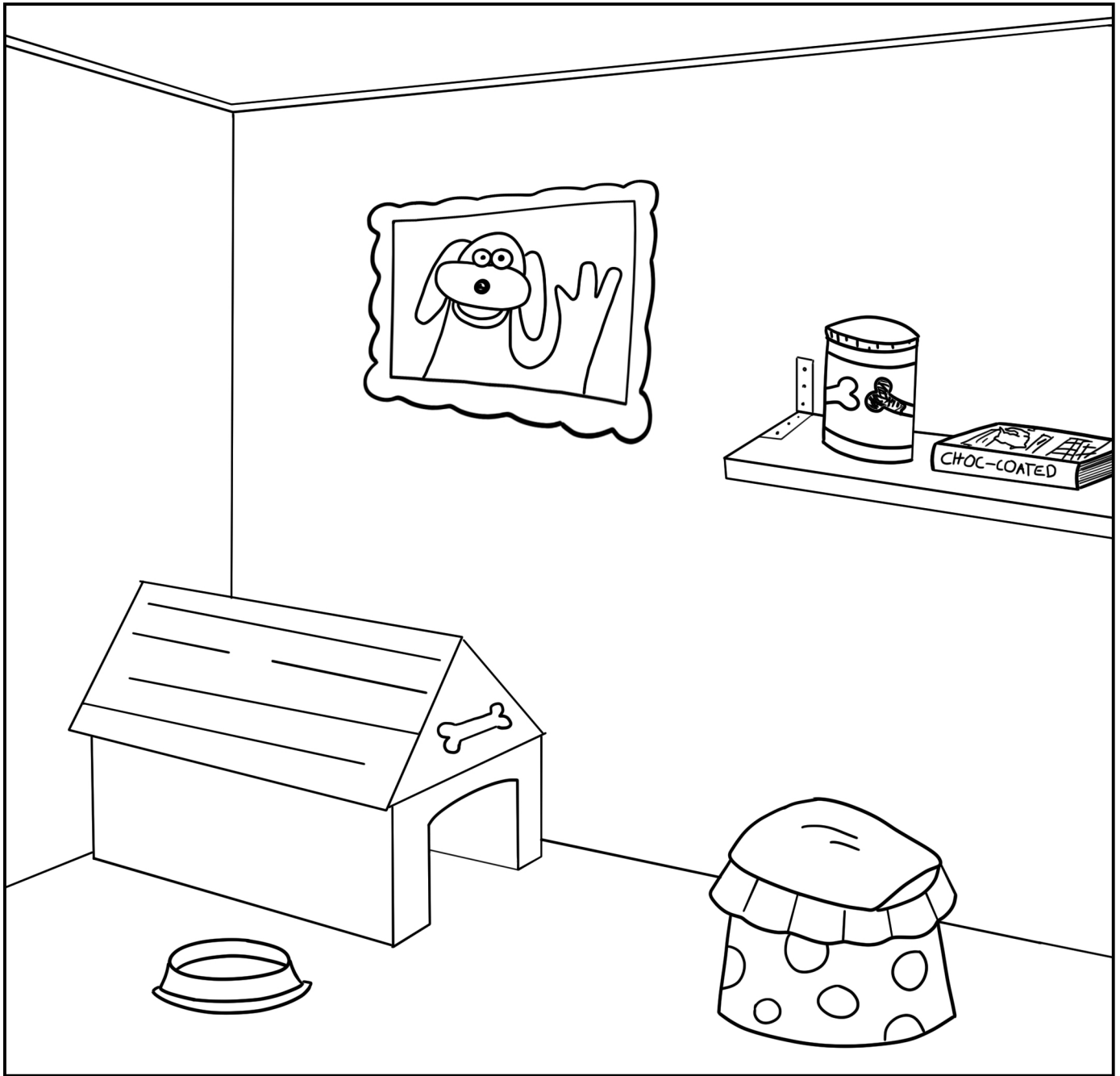


Draw some decorations to help Scruff get ready for the party:



But remember:

**Do not worry  
because God  
cares for you.**

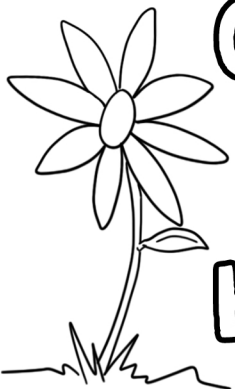
Draw some things you worry about:

Use these words to fill in the gaps:

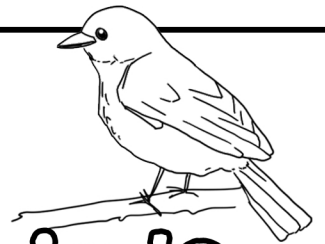
worry life not you

In Matthew 6:25 Jesus said:

“I tell   to  about your ”



God cares for the  
flowers and the birds,  
He will care for you too.



# Living God's Way

## Not Worrying

### Craft & Game Ideas

#### Craft Ideas

##### 1. You are Precious To God

###### You will need:

- Square origami paper
- Scissors
- Glue
- Coloured pencils
- Parental supervision

###### Instructions:

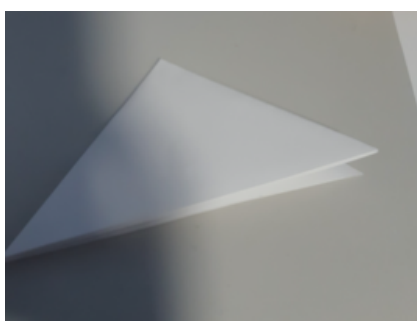
1. Make a paper square.
  - Start out with a square piece of paper, origami paper is best.



2. Fold diagonally in half.
  - Fold the square in half to make a triangle.



3. Fold in half again.
  - Fold this triangle into a smaller triangle.



# Living God's Way

## Not Worrying

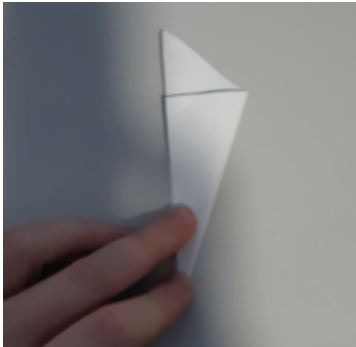
### Craft & Game Ideas

#### Craft Ideas

4. Fold in half again.
  - Fold this triangle in half again.



5. Fold to look like an ice-cream cone.
  - Rotate the triangle so that the longest side is positioned vertically and the solid corner (the corner corresponding to the paper's centre) is at the bottom. Bring the bottom short side towards the triangle's long side.



6. Cut above the straight edge.
  - Cut above the horizontal straight edge.



# Living God's Way

## Not Worrying

### Craft & Game Ideas

#### Craft Ideas

7. Draw an arc & cut out.

- Draw an arc starting from the top corner of the triangle's vertical side and ending about  $\frac{1}{2}$ -inch from the bottom of the opposite side. This arc defines the shape of the flower petals. Cut along the arc.



8. Unfold the paper.

- Carefully unfold to reveal an 8-sided flower. Colour or use a different colour for a circle middle.
- Write 'You are precious to God!' on the back of the flower



# Living God's Way

## Not Worrying

### Craft & Game Ideas

#### Craft Ideas

#### 2. Coping Wheel

##### Instructions:

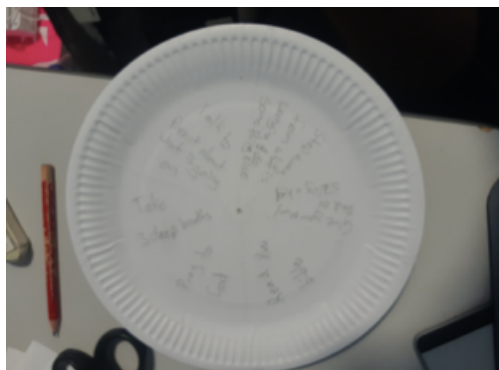
1. Obtain 2 paper plates.



2. Cut a triangle out of one.



3. Think of ways to overcome worry and write them on the plate.



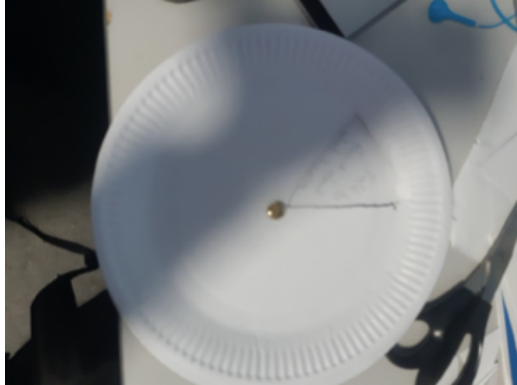
# Living God's Way

## Not Worrying

### Craft & Game Ideas

#### Craft Ideas

4. Stick together with paper fastener.



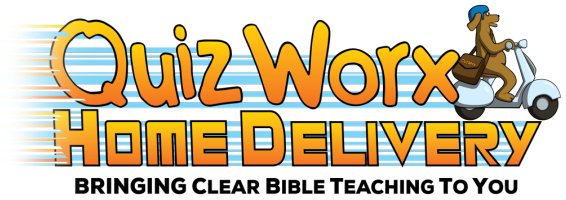
5. Decorate however you like
6. Use your 'Coping Wheel' when you are feeling worried. Put into practise the coping mechanisms you have written down, but always remember to pray to God for his comfort and help to overcome that worry.





# Living God's Way

## Not Worrying



### Craft & Game Ideas

#### Game Ideas

##### 1. Worry Basketball

When you feel worried, the Bible says that we can give our worries to God. He cares for us! Today we are going to do just that. Better yet, we are going to THROW them to God.

##### You will need:

- Pieces of blank paper to scrunch up
- Pen, pencils or textas
- A "basket" (e.g. a bowl, a rubbish bin, a basketball hoop)

##### Instructions:

1. Write down things that you worry about, for yourself or others, on pieces of paper. Write one 'worry' per page.
2. Scrunch up each piece of paper.
3. Position your container, aim and THROW your worry in.
4. Do NOT worry if you don't get it in :, just move the container closer or further away or closer to make it easier or harder. You can even have someone moving the container as you try to throw if you want to try to make it EXTRA hard.
5. As you throw your 'worries', you can talk to God in prayer. Thank him that he cares for you. Ask him to help you not to feel worried, but to trust him.

##### 2. Photo Treasure Hunt

There are many things that can make us feel worried. In this game, we challenge YOU to see how brave you can be whilst putting your hand into a mystery box. Try not to worry about what's inside! Good luck!!

##### You will need:

- A cardboard box big enough to put a hand in (e.g. a large cereal box)
- Scissors
- Many objects (5+) with interesting textures, shapes, or sizes (e.g. slime, some dirt, old tea in a cup, a hairbrush, plastic insects etc.)

##### Instructions:

1. With scissors, cut a hole in one of the short sides big enough to put a child's hand through. Also cut off one of the long sides, which will be the viewing area for the rest watching.
2. Place the box so the short side with the hole is next to the first child who will play.
3. Have the child close their eyes (or use a blindfold) and place one of the items in the box, through the front open area.
4. Have the child put their hand through the hole and try to guess what the object is.
5. Once they have finished, rotate game volunteers and objects being used.



# Living God's Way



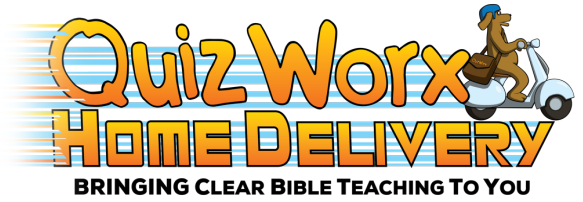
In this 5 week series, Quiz Worx Home Delivery will be re-examining some of Jesus' teaching in his Sermon on the Mount. This memorable teaching block is full of wonderful, visual imagery as Jesus confronts his followers with the incredibly high standards that God expects his people to live by.

From start to finish, Jesus teaches that anyone who follows him will live differently to the people of the world. Our hope is that this series will encourage and equip you and your children to be able to read and understand Jesus' teaching in an even deeper way than ever before. And our hope is that you will want to live God's way.

Each week in our Kids' Talk video, Roz and Scruff will help explain how followers of Jesus can live God's way by exploring a particular aspect of Jesus' teaching. Each Kids' Talk video will have accompanying discussion questions for you to work through with your children.

We have also provided some further 'Digging Deeper' Family Devotions. These will help you and your family discover more of Jesus' teaching on how to live God's way.

# Living God's Way



## Not Worrying

### Discussion Questions after 'Not Worrying' Kid's Talk Video

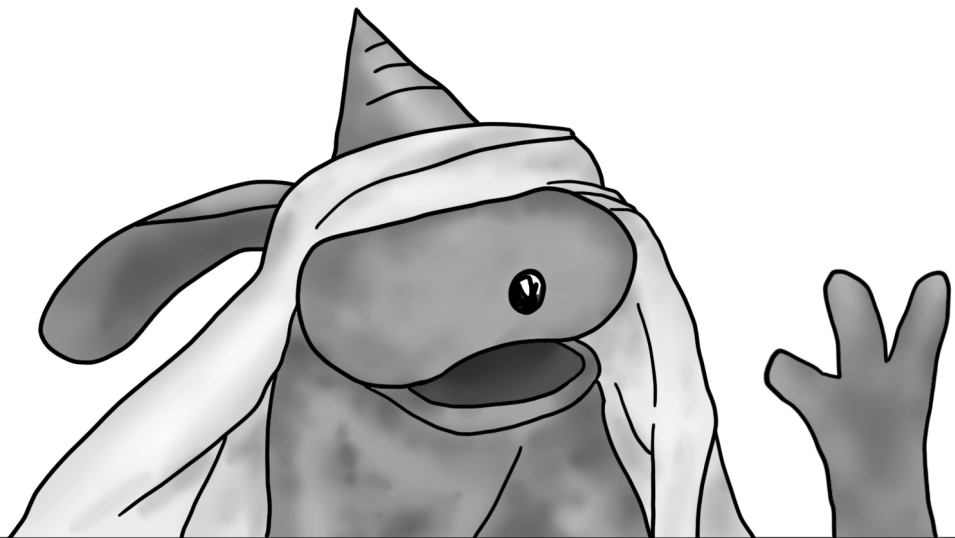
In today's Kids' Talk video, Scruff is feeling really worried! While he's busy worrying, Roz reads some of Jesus' words in the Bible where Jesus tells his followers that living God's Way means not worrying...

1. What was Scruff worried about? What things make you feel worried?
2. What does Jesus tell his followers NOT to worry about? What does Jesus say to do instead of worrying?
3. How can this help you when you feel worried?

### Pray

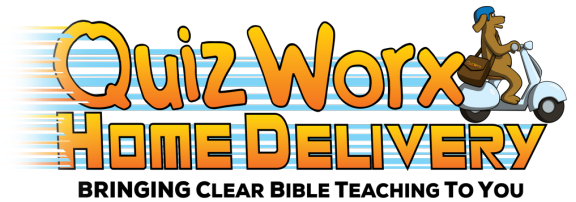
Thank God that he loves us and we are so important to him.

Tell God about anything that is worrying you. Ask him to help you trust him when you feel worried.



# Digging Deeper

## Family Devotions



### How to use 'Digging Deeper' for the 'Living God's Way' series.

To help you through our 'Living God's Way' series, each week we will provide three devotions. We encourage you to read these passages with those in your household at a time that suits, and use the questions to guide you as you talk about and reflect on how followers of Jesus are to live God's way.

We looked at several different Bible translations when creating these questions. Feel free to use any version as you work through them as a family.

### Memory Verse Challenge

The Memory Verse for our 'Living God's Way' series is from Matthew 5:48. Join Larissa, Emma, and Chrissy to learn these words of Jesus' about how he wants his followers to live! You can find the memory verse video in the 'Living God's Way' folder on the Google Drive or you can watch it at: <https://youtu.be/xHC4K1hUOgU>

### Something to Remember

As we think about how Jesus wants his followers to live, keep asking:

- a) How is the way Jesus wants his followers to act, different to the way the world acts?
- b) The Bible tells us that Jesus lived God's way perfectly. How can we reflect Jesus?

### Devotion 1 – Read Isaiah 35: 3-7

This passage talks about God's great power over all things. God is so great, and he is in control. Let's think about how that knowledge can comfort us when we feel worried...

1. Can you think of times when you or others have been "weak, trembling and worried"? (CEV)
2. From this passage, list all the things that God has power over. What does this teach us about God?
3. God is so great, and he is in control of all things. How does this make you feel? Is there anyone you know who needs to hear this Good News?

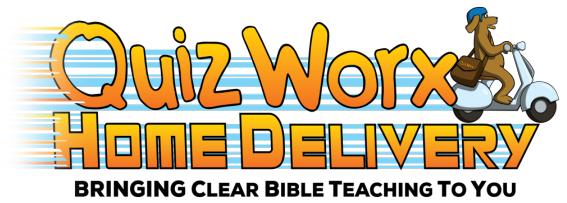
### Pray

Thank God that he is loving and powerful and always in control.

Ask God to remind you of this truth, especially when you are feeling worried.

Pray for anyone you know who is feeling worried right now. Pray that they will know God's love and power and that they will feel at peace.

# Digging Deeper



## Family Devotions

### Devotion 2 – Read Matthew 6:25-34

In this passage, Jesus teaches his followers not to worry about food, clothes or anything in their life. Jesus isn't saying that life will always be easy, but he is saying that we can trust God who loves and cares for us.

1. According to Jesus, what does worrying accomplish? Do you agree/disagree?
2. Have you seen a bird recently? What about a flower? Can you see one now? How does thinking about flowers and birds help us not to worry?
3. Is anything worrying you right now? What does Jesus say to do instead of worrying? (Hint: see verse 33). What could this look like in your life?

### Pray

Ask God to help you to live his way by putting him first in all areas of your life.

Praise God that he cares for us & shows his love by providing us with food, clothes & many other good things.

### Devotion 3 – Read Philippians 4:4-7

This passage has a lot to say about letting go of our worries...

1. What does this passage say to do when we are feeling worried or anxious?
2. What happens when we bring our fears & worries to God?
3. How can you show others that God cares about their worries and can give them peace that is beyond understanding?

### Pray

Is anything making you worried or anxious? Give those worries to God and ask him for the peace that only he can bring.

Pray for those you know who may be feeling sad, worried or scared. Pray that they will put their trust in God and know the peace that only he can bring.